

Motorcycle Track Days & School of Speed TrackAddix Grand Prix Race Series Online Store & Trackside Support

www.TrackAddix.com

# Welcome to the School of Speed!

Thank you for registering, we are looking forward to welcoming another "Track Addict" to our sport. You are about to engage in an activity that is more fun, and more addictive than anything else you have ever done before. To help you better prepare for the exciting day ahead, please take a few moments to review the information contained in this letter.

We have a very active day planned, where you will receive a lot of track time in addition to classroom and ontrack instruction. The TrackAddix School of Speed is a comprehensive program with a large amount of material to cover in a relatively short period of time. Your day will be very busy with little time to relax, and you will be very tired by the end of the day. If you are traveling a long distance to attend this event, we recommend you bring a friend or family member with you to share the drive home.

Following are some steps you can take to ensure your day will go smoothly and you will get the most out of the school.

- 1. <u>Bike maintenance</u>: You are spending a lot of money to attend this event and certainly don't want to spend your day dealing with mechanical problems. Prior to attending, you should check your bike from top to bottom ensuring that it is mechanically sound and that all controls function normally.
- 2. <u>Tools</u>: We do not have tools to lend out, so bring some common tools with you just in case you need to work on your bike. If at any point you have a mechanical problem, notify your instructor immediately so that we can assist you in getting your bike track-worthy again.
- 3. <u>Fuel:</u> When engaged in sport riding on the track, your bike will burn fuel at a much higher rate than when you are street riding. The availability of fuel at or near many race tracks is uncertain. Arrive with your bike's fuel tank full and bring an additional 10 gallons of fuel in cans to get you through the day.
- 4. <u>Food and beverages</u>: Water will be available in the classroom throughout the day, and food is available for lunch at the Concessions Stand, which you will receive a ticket to retrieve your complimentary lunch at.
- 5. <u>Arrive early</u>: Gates open at 07:30 am. When you arrive at the event a TrackAddix staff member will point out the location of the classroom. Check in at the TrackAddix Registration desk in the pit area upon your arrival. Set up your pit area, put on your leathers, and report to the classroom promptly at 08:30 am. Have your helmet, gloves and bike ready to go.
- 6. <u>Tires</u>: If you will need any work done to your bike such as new tires mounted or assistance in complying with our tech requirements, then you will need to arrive at 07:30 am to ensure we can have your bike ready to go before the school begins.
- 7. <u>Don't linger around</u>: This is a comprehensive school with a lot of material to cover. It is important to keep to the schedule. If you're not on the track, you're in the classroom, and vice versa. When coming off the track, park your bike, debrief with your instructor, go to the bathroom if needed, and get in the classroom. If all goes well and we are able to stay on schedule, your class will be finished by the 1 p.m. Lunch Break, and you will be released to ride on your own in the B-Group track session in the afternoon.

Once again, thank you for attending our school and we look forward to meeting you!



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# **Know Your Flags!**



#### Green

Indicates the start of a race or practice, and that the track is open or "hot".



#### Checkered

- Signals the end of a race or practice session.
- ⊕ Proceed around the course to the track exit.



#### Red

- The race or practice has been stopped due to a dangerous condition.
- Raise a hand to signal other riders, reduce speed, and proceed to the track exit.
- ♠ No passing is allowed.



#### Yellow

- **②** There is a potentially hazardous situation on or near the track.
- ⊕ The race or practice continues but be extra cautious.
- **⊕** Stationary passing allowed.
- Waving no passing allowed until beyond the incident area.



#### **Black**

- This flag will be pointed at you and indicates you have a mechanical problem.
- ♣ Signal that you are slowing, get off the racing line, reduce speed and stop at a safe place.
- **② ⊙** Do NOT continue to the track exit!



## Meatball – Racing

- Usually issued for grid infractions or "jumping" the start of a race or passing under a waving yellow flag.



#### Yellow w / red stripes

- **② ⊙** Debris or fluid on the track.



#### Meatball - Track Day

- We need to talk to you about something or you are needed back in your pit.
- Proceed to pit out for instructions from the Pit Steward.



#### White



#### **Ambulance**

- **₫ G** Emergency vehicle on the track.
- **⊕ Exercise** caution.
- **₫** Stationary at all stations.
- Accompanied by a waving yellow at the station prior to the location of the vehicle.

NOTE: All flags are used to communicate that the track conditions have changed. They are for everyone's benefit. WATCH for them, THINK what they mean, REACT correctly.



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It is your responsibility to have yourself, your riding gear, and your bike ready for the track.

#### Riding Gear Requirements

Don't be "cheap" when it comes to your riding gear, it's the only thing between you and the pavement!

- Full face helmet.
- Leather gloves.
- Leather boots that cover the ankles.
- 1 piece or 2 piece leather suit. Two piece suits MUST have a <u>full circumference</u> zipper. (Aero-stitch, Cordura, and Nylon suits are also acceptable).
- We strongly recommend wearing a suit that contains a back protector and protective body armor in impact areas.

#### Motorcycle Preparation Requirements

We reserve the right to refuse any motorcycle we deem not fit for our events. If you have any question as to the suitability of your ride, please do not hesitate to contact us.

While fluids may be your bike's best friend, they are everyone's worst nightmare if they get on the track. At a minimum you must check that the oil drain plug, oil filter, and oil filler cap are tight, and that all cooling system, hoses, clamps, and pumps are tight and in good condition.

We <u>strongly recommend</u> that you safety wire the oil filter, oil drain plug, and oil fill cap as well as drain any Ethylene Glycol fluid from your cooling system and replace it with a mixture of distilled water and Water Wetter or other race approved coolant. This is a good idea whether you ride at the track or on the street. Imagine if you are out on a group ride with your friends and someone near the front of a group begins to leak oil or anti-freeze on the road surface in front of you. Safety Wire is Your Friend!

- Your motorcycle must be clean with no dripping or leaking fluids.
- You must remove or completely tape mirrors. We want you watching what's in front of you, not worrying about what's behind you.
- You must completely tape over yourheadlight.
- You must tape over or remove your turn signals.
- Your tail light must be disconnected <u>and completely taped or removed</u>. We want you using your own brake markers, not reacting to someone's brake light.
- Make sure all nuts and bolts are tight and secure.
- Your tires must be in good condition with plenty of tread left, no flat spots, no cracks, no cord showing.
- Set tire pressure. Tire pressures used in track riding are much lower than pressures for street riding. Check with your tire dealer to determine what pressure they recommend for your tires when used at the track.
- Chain is in good condition, lubed, and of proper tension.
- The throttle must be self-closing.
- Front brakes must be in good working order with at least 50% of life left on the pads.
- Wheel weights must be taped. Use duct tape on these.
- License Plate removed. This is a flat piece of metal with sharp edges, and that's a bad thing at the track.

Here's a hint about taping: Tape does not stick very well to a surface that has been waxed or polished. Before applying tape, use a cleaner that will remove all polish from the surface. Use the blue painter's masking tape you can buy from most home improvement stores such as Home Depot. We have found that this tape is much easier to remove than some duct tapes.



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# You must complete this form and give to registration when you arrive at the event!

| (Check each box indicating that you are in compliance with our technical requirements)  Rider Equipment   |
|---|
| Full face helmet  |
| Leather gloves  |
| Leather boots that cover the ankles   |
| 1 piece or 2 piece leather suit. (2 piece suits must have full circumference zipper)  |
| (Aero-stitch, Cordura, and Nylon suits are also acceptable)   |
| Suit contains a back protector and/or protective body armor in impact areas.  |
| Motorcycle Preparation  |
| Oil – drain plug, filter, and filler cap are tight. (We strongly recommend safety wiring these items)   |
| All cooling system hoses, clamps, and pumps are tight and in good condition. (We strongly recommend draining any ethylene glycol based coolant and replacing it with a race approved coolant)   |
| Motorcycle is clean with no dripping or leaking fluids.   |
| Mirrors removed or completely taped over.   |
| Headlight removed or completely taped over.   |
| Turn signals removed or completely taped over.  |
| Tail light disconnected and completely taped over or removed.   |
| All nuts and bolts are tight and secure.  |
| Tires are in good condition with adequate tread life, no flat spots, no cracks, and no cord showing.  |
| Tire pressures are set for track riding.  |
| Chain is in good condition and of proper tension.   |
| Throttle is self-closing.   |
| Front brakes are in good working order with at least 50% of life left on the pads.  |
| Wheel weights are secure and covered with duct tape.  |
| License Plate is removed.   |
| TrackAddix reserves the right to refuse any motorcycle or riding gear we deem unfit for our events.   |
| I understand that it is my responsibility to have myself, my riding gear, and my bike ready for the track. I certify that I have inspected my motorcycle and equipment and that it is in compliance with the TrackAddix technical requirements listed on this form. |
| Rider Signature:  |
|   |
| Track:Date://   |